



CORE INDUCTION STANDARDS ASSESSMENT RECORD **Form 1A**

Instructions to trainees

The core induction standards are designed to ensure that you are able to perform eye consultations, to ensure patient care and safety, in a manner appropriate to your level of skill and competency.

This form is used to record your achievement of these basic competencies during the first three months of training.

1. You take this form to your Supervisor at the end of three months.
(You might find it useful to keep a copy with you so that competencies can be signed off as and when they are achieved).
2. Your supervisor signs off the competencies that you have achieved, thus ensuring that you are safe in your practice methods.
3. You then keep a copy for your records and send a signed copy of the Core Induction Standards Assessment Form to the College.

Trainee Name:

Supervisor Name:

Post #:

OBCK1 Obtain and record an appropriate ocular history

Learning Outcome	Performance Criteria	Supervisor to sign and date when competency is achieved
OBCK 1.1 Establish professional relationship with patient	<ul style="list-style-type: none"> • Introduce self in a polite and professional manner • Address patient appropriately and establish rapport • Use an appropriate order of questioning to elicit necessary information 	
OBCK 1.2 Elicit details of the presenting complaint and its history	<ul style="list-style-type: none"> • Establish history of any visual or ocular symptoms • Allow patient to describe their symptoms • Use appropriate follow up questions where necessary 	
OBCK 1.3 Obtain details of past ocular history	<ul style="list-style-type: none"> • History of spectacle use, including prisms, contact lens wear, refractive surgery, amblyopia or strabismus treatment • Other previous ocular conditions, treatment, surgery or trauma • Determine and record any past and current topical, local and systemic therapies used to treat the eyes • Note allergies to eye drops or systemic medications 	
OBCK 1.4 Obtain an ocular family history	<ul style="list-style-type: none"> • Identify risk factors that may have relevance for diseases of the eye • Given any hereditary ocular diseases, assess potential impact on the diagnosis and treatment of the current condition, and the implications for blood relatives 	
OBCK 1.5 Accurately record relevant history	<ul style="list-style-type: none"> • Ensure notes taken during the consultation are accurate and legible • Ensure the record of the consultation is dated and signed • Accurately document important positive and/or negative responses 	

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Supervisor Name:

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OBCK2 Obtain and record a general medical history		
Learning Outcome	Performance Criteria	Supervisor to sign and date when competency is achieved
OBCK 2.1 Identify key elements of patient's family, medical, occupational, social, economic and recreational history	<ul style="list-style-type: none"> • Ascertain current and past history of illnesses, diseases and medications • Ascertain allergies, smoking, drugs and alcohol usage • Obtain a complete and accurate family history • Identify potential impacts on the patient's ocular conditions • Identify impact of patient's ocular condition on daily living activities including work, driving 	
OBCK 2.2 Identify general illnesses and medications that may have an impact on ocular disease or its treatment	<ul style="list-style-type: none"> • Discuss the impact of any given medications or general illnesses on diseases of the eye • Identify risk factors that may have relevance for diseases of the eye 	
OBCK 2.3 Accurately record patient's past and current illnesses, operations, injuries and medication	<ul style="list-style-type: none"> • Use an appropriate order of questioning to elicit necessary information • Make accurate notes of important positive and/or negative responses 	

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Post #:

OBCK3 Perform eye examinations		
Learning Outcome	Performance Criteria	Supervisor to sign and date when competency is achieved
OBCK 3.2 Undertake external ocular inspections	<ul style="list-style-type: none"> Examine and describe the general appearance of the eye, orbit and adnexa Identify any abnormalities 	
OBCK 3.3 Perform a slit lamp examination of the anterior segment and adnexa	<ul style="list-style-type: none"> Correctly perform and interpret the results of examinations of the anterior segment and adnexa Use fluorescein to examine the tear film and for staining the cornea or conjunctiva 	
OBCK 3.5 Perform gonioscopy	<ul style="list-style-type: none"> Assess the anterior chamber angle and related structures using the slit lamp and a gonioscopy lens (e.g. Goldmann 3 mirror lens) Identify any angle and zonular abnormalities 	
OBCK 3.7 Perform a slit lamp examination of the posterior segment	<ul style="list-style-type: none"> Examine and note abnormalities of the vitreous, macula, peripheral retina and optic nerve head Use biomicroscopy lenses such as 60D, 78D and 90D to examine the fundus 	
OBCK 3.9 Perform direct ophthalmoscopy	<ul style="list-style-type: none"> Detect optic disc and posterior pole abnormalities 	
OBCK 3.10 Perform indirect ophthalmoscopy	<ul style="list-style-type: none"> Perform indirect ophthalmoscopy (without scleral indentation) Identify abnormalities of the vitreous, macula, peripheral retina and optic nerve head 	

<p>OBCK 3.12 Perform and interpret intraocular pressure (IOP) measurement</p>	<ul style="list-style-type: none"> • Calibrate the instrument (such as Goldman tonometer and Tonopen) and verify calibration • Obtain an accurate, reliable and repeatable IOP reading • Identify common errors of measurement (i.e. excess fluorescein, high astigmatism, pressure on the globe) • Demonstrate correct disinfection of tonometer tips 	
<p>OBCK 3.14 Assess the curvature and topography of the cornea</p>	<ul style="list-style-type: none"> • Measure corneal curvature and determine the refractive power of the cornea using Helmholtz, Bausch and Lomb or Javal-Schiotz keratometers 	

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OBCK4 Perform selected visual function assessments		
Learning Outcome	Performance Criteria	Supervisor to sign and date when competency is achieved
OBCK 4.1 Measure and record visual acuity	<ul style="list-style-type: none"> • Examine visual acuity (distance, near, best corrected and pinhole acuity) in adults and children • Record and interpret results 	
OBCK 4.6 Undertake basic ocular motility examination	<ul style="list-style-type: none"> • Accurately perform ductions, versions and cover test • Recognise ocular motility abnormalities 	
OBCK 4.8 Perform the torch and swinging torch tests to assess pupil functions (direct and consensual)	<ul style="list-style-type: none"> • Recognise abnormal pupils – shape, size, anisocoria, reactivity, abnormal movements, and presence of RAPD 	
OBCK 4.9 Perform and interpret confrontation visual field test	<ul style="list-style-type: none"> • For particular clinical presentations, identify the indicators that would necessitate a confrontation visual field examination 	
OBCK 4.11 Perform accessory tests of macular function	<ul style="list-style-type: none"> • For particular clinical presentations, identify the indicators for assessment of macular function • Use an Amsler grid and Watzke-Allen test to screen for central and para-central vision loss or symptoms of distortion 	

