



Supercharge your CPD!

With the postponement of Congress and just three months of 2021 remaining, we've compiled a list of things you can do to supercharge your 2021 CPD! Remember that in 2021, you are only required to enter **50 points: 30 from Category 1, Level 2 (audit)** and **20 points from other activities**. If you have questions, concerns or ideas to share, get in touch via CPD@ranzco.edu

Achieve 30 points from Category 1 Clinical Expertise Level 2 activities

Clinical audit and peer review

Although face-to-face meetings are currently difficult, you can use summary discussion notes from the chief investigator for each to review/self-reflect your audit results against group overall statistics. Also, retrospective audit of case records prior to the current lockdown can be included!

Some examples are:

- Save Sight registries: Fight retinal blindness, Fight cornea blindness, Fight glaucoma blindness, Fight tumour blindness database
- RANZCO macular hole audit
- RANZCO retinal detachment audit
- Medicolegal audit activities and online discussion meeting, with practice reflections

Office record review (ORR)

ORRs, which attract **10 points** each, must include a minimum of five patients per ORR. You can submit as many ORRs as you want. There is a broad range of diagnoses and reviews can be retrospective chart reviews. Templates can be found in RANZCO's portal under the "Learning" tab by searching for "Office Records Review".

Peer Review practice visit

Using Zoom, you can obtain **30 points** as either host or visitor. Templates and a peer review practice visit confirmation form can be found in RANZCO's portal under the "Learning" tab by searching for "Peer Review Practice Visit".

Medicolegal reports

De-identified reports can obtain **10 points** per report and you can submit as many as you want. Retrospective reports (not used in previous CPD audits) can be included from 2020 till current.

Race examiner reflections

If you have been a RACE examiner, you can obtain **10 points** per question with a maximum of 30 points per year.



Office Records Review

CPD Resources and Tools



Peer Review Practice Visit

CPD Resources and Tools



Achieve 20 points

Research you have conducted or any publications you have been involved with, with each publication equating to **20 points**. There is no limit to the number of publications you can submit.

Achieve 10 points

You can gain up to two points per Journal Subscription with a maximum of **10 points** per year. Also, one point per hour for directed journal reading, including journal club.

Membership to a RANZCO Committee or being a training supervisor earns **10 points** per year per role. If you are on multiple Committees, you can claim points for each one.

Achieve 5 points

Become a mentor for our RANZCO trainees via the recently introduced RANZCO Mentoring Program.

Bottomless accumulation!

Accumulate up **20 points** through:

- Online learning through webinars, courses, etc. on almost any topic that is ophthalmology related. There is no limit to the number of points you can gain here.
- Virtual conferences, which are calculated as one point per hour with a maximum of seven points per day. There's no limit to the number of points you can gain here.
- Record any Group or Hospital quality assurance, risk management, morbidity and mortality meetings for **1 point per hour** and **maximum 7 points per day**.

The RANZCO Learning Management System for online learning is the go-to-source for continuing education. Please enter your points in the CPD diary on the CPD Home or mobile app.

LMS: <https://lms.ranzco.edu/my/>

CPD Home: <https://lms.ranzco.edu/course/view.php?id=166>

Remember that as well as being a proven way to imbed learning, reflection can be applied to each activity for an extra five points. This can be done for every activity you enter!

