

# RANZCO

Eye Camp

Two Day Induction Program 2024

supported by



## Speaker Profiles



### Dr Andrew Thompson

**BPharm(Hons), MBChB, FRANZCO**

Dr Andrew Thompson is a consultant ophthalmologist working at Tauranga Eye Specialists, New Zealand.

He initially trained as a pharmacist and worked in New Zealand and the UK before commencing medical studies. He completed ophthalmology specialist training in New Zealand then subspecialist training in glaucoma, and both medical and surgical retina in NZ and the UK.

Prior to taking on the role of Censor-in-Chief, Andrew was Chair of the RANZCO Ophthalmic Sciences Board of Examiners. He is a member of the Australian and New Zealand Society of Retinal Specialists (ANZSRS) and the American Society of Retinal Specialists.



### Dr Thomas Campbell

**M.Sc and D.Phil**

Dr Thomas Campbell is a consultant ophthalmologist at Coastal Eye Centre, Sunshine Coast University Hospital, the Centre for Eye Research Australia (CERA) at the University of Melbourne and the NQ Eye Foundation. He is passionate about trying to improve outcomes in ophthalmology through the integration of research and clinical practice. Thomas is a comprehensive ophthalmologist with subspecialty expertise in medical retina, ocular genetics, electrodiagnostics and ocular inflammation. He treats medical and surgical diseases of the eye such as cataract, glaucoma, age related macular degeneration and diabetes.

He completed an undergraduate degree at the University of Queensland before moving to the UK, where he undertook an M.Sc and D.Phil in neuroscience at Oxford University. He then worked at St Cross College and the Wellcome Trust Centre for Human Genetics at the University of Oxford as a research fellow in medical genetics. After completing his medical genetics fellowship, he returned to Australia to study medicine at the University of Queensland. His junior doctor years were spent in Brisbane, the Sunshine Coast and the Gold Coast before undertaking specialty training in ophthalmology through the Royal Victorian Eye and Ear Hospital (RVEEH) in Melbourne, Australia.

Thomas' subspecialty training in ocular genetics and electrodiagnostics, medical retina, ocular inflammation and complex cataract surgery was carried out at the RVEEH, CERA, Monash Hospital and the Royal Children's Hospital.



### Dr Justin Mora

**MBChB, FRANZCO**

Dr Justin Mora is a New Zealand ophthalmologist working at Auckland Eye and the Greenlane Clinical Centre. He has training in glaucoma (Shaffer Fellow UCSF - 1995) and in paediatric ophthalmology and strabismus (Indiana University - 1996).

He is a Senior Lecturer for the Auckland Medical School and has authored papers in the fields of glaucoma, paediatrics and strabismus. He runs the paediatric ophthalmology fellowship training program in Auckland.

Justin is a past Chief Examiner, Censor-in-Chief (Dean of Education) and Board Member for RANZCO. He is a NZ RANZCO Executive Member and Chair of the Māori and Pasifika Eye Health Committee and the *Te Kiteanga Vision 2030 and Beyond Aotearoa*, which aims to improve eye health equity in NZ.

He is involved in charitable work in Cambodia and Laos to train the region's first specialist paediatric ophthalmologists.



### Dr Jo Mitchell

**PhD**

Dr Jo Mitchell is a clinical psychologist and co-founder of The Mind Room. She works with individuals and organisations to manage mental illness and build wellbeing, meaning and connection. Jo facilitates professional development experiences to promote good mental health, wellbeing and performance beyond the therapy room.

Jo has an applied and academic interest in wellbeing science, including ACT, positive psychology, values and mindfulness, and completed the first Australian PhD in this field. With over 20 years of experience in sport, medical and allied health and business, Jo is motivated by collaborations that create sustainable health and social change. She is a regular media commentator, university lecturer and speaker on mental health and wellbeing science.

## Speaker Profiles



### Ms Kate Greenaway

**BAppSc (Physiotherapy), Post.Grad. Dip. Occ. H (Physiotherapy) Dip. Remedial Massage (RM)**

Kate Greenaway graduated in physiotherapy from Cumberland College of Health Sciences (Sydney University) in 1984. Her first year of work was as an intern at the Royal Prince Alfred Teaching Hospital in Sydney, she then continued working in her interest of musculoskeletal conditions in various private practises in Sydney into the early 90s. Kate's early work in musculoskeletal conditions and sports injuries then developed into an interest in working with complex spinal and pelvic conditions.

In 1993-1995, Kate studied and worked in Boston, USA, where she worked at the well-reputed New England Baptist Orthopaedic Hospital as a senior physiotherapist. Kate worked alongside medical specialists treating chronic pain patients with their complex and often puzzling neurological conditions.

Over this time, Kate studied myofascial therapy, which offered a more holistic way of helping the body recover from trauma and injury, and introduced her to the importance of connective tissue (CT) in the body.

Kate has been practising physiotherapy for over 35 years and specialises in gentle physiotherapy, more particularly in Connective Tissue Therapy (CTT). She is dedicated to true health care and in supporting people to return to their natural fluid pain-free movements and abundant vitality.



### Dr Liz Insull

**MbChB, BSC, FRANZCO, ANZSOPS**

Dr Liz Insull is an ophthalmic and oculoplastic surgeon based in Hawke's Bay, New Zealand. She graduated from the University of Otago medical school in 2006 and undertook specialist ophthalmic training in Dunedin and Auckland, followed by oculoplastic sub-specialty fellowships in Exeter and Oxford in the UK. Liz is the Clinical Director for Ophthalmology at Te Whatu Ora Te Matau a Māui, Hawke's Bay, and is the current Chair for the NZ Branch of RANZCO. She is Co-Director of 'Women in Vision Aotearoa' and sits on the RANZCO Women in Ophthalmology Advisory Board. In 2021, she was awarded 'Trainer of Excellence' by trainees in RANZCO's New Zealand network, and was awarded the 2022 RANZCO's Heather G Mack Scholarship for Women in Leadership.



### Dr Kiran Sindhu

**MBBS, FRANZCO**

Dr Kiran Sindhu graduated from the University of Tasmania in 1984 and completed his ophthalmology fellowship (RANZCO) in Sydney in 1992.

Kiran commenced private practice in 2001 based in Blacktown and Baulkham Hills (Norwest) NSW after several years (1993 - 2000) in public hospital and private practice in Tasmania (Hobart, Launceston and Burnie).

He is involved in comprehensive general ophthalmology with special interests in cataract surgery and paediatric ophthalmology.

He has a VMO appointment at Westmead Private Hospital. Private surgery is performed at Lakeview Private Hospital in Norwest, NSW.

He has been extensively involved in ophthalmology registrar training since 1993, both in Hobart and Sydney.

He has been the Chair and Examiner for Ophthalmic Basic Clinical Competencies and Knowledge (OBCK) and Subject Leader and Examiner in Anatomy. Currently, he is the Chair of the Examinations and Assessments Committee.

## Eye Camp Two-day Induction Program 2024

Day One: Tuesday 30 January 2024		
Time (AEDT)	Activity	Host
<b>08:00</b>	<b>Arrivals and Refreshments</b>	
08:30 - 08:40	Acknowledgement of Country	<i>Aunty Glendra</i>
08:40 - 09:00	Welcome and Address	<i>Dr Andrew Thompson – Censor-in-Chief</i>
09:00 - 09:45	Managing Consultations in Ophthalmology – Clinical skills, Challenges and Professionalism	<i>Dr Justin Mora</i>
09:45 - 10:30	Problem-solving Styles and Clinical Reasoning	<i>Pam McClean Centre (PMC) Staff</i>
10:30 - 10:35	Sponsor - Roche Video presentation	<i>Jacqueline Tatham – Roche</i>
<b>10:35 - 11:00</b>	<b>Morning Tea</b>	
11:00 - 12:30	Clinical Scenario 1 - Fishbowl Activity	<i>PMC Staff</i>
<b>12:30 - 13:30</b>	<b>Lunch</b>	
13:30 - 15:00	Clinical Scenario 2 - Fishbowl Activity	<i>PMC Staff</i>
15:00 - 16:00	Health through Posture and Body Awareness	<i>Ms Kate Greenaway – Physiotherapist</i>
<b>16:00 - 16:30</b>	<b>Afternoon Tea</b>	
16:30 - 16:40	Cultural Safety and RANZCO RAP* and MAP** [Video]	<i>Education Staff</i>
16:40 - 18:50	Amazing Race Activity (finishes at the Aerial UTS Function Centre with drinks on the Terrace)	<i>Beyond the Boardroom</i>
19:00	Networking dinner at Fratelli Fresh, Darling Harbour	
Day Two: Wednesday 31 January 2024		
Time (AEDT)	Activity	Host
<b>08:00 - 09:00</b>	<b>Roche Breakfast Symposia</b>	
09:00 - 09:05	Welcome and Acknowledgement of Country	<i>Ms Victoria Baker-Smith</i>
09:05 - 09:30	Overall Requirements and Progression Process	<i>Dr Andrew Thompson</i>
09:30 - 10:00	VTP Examinations	<i>Dr Kiran Sindhu</i>
10:00 - 10:30	Housekeeping and Important Policies WBA ReD Surgical Logbook	<i>Mrs Diana Russino</i>
<b>10:30 - 11:00</b>	<b>Morning Tea</b>	
11:00 - 11:30	Working with Feedback across Training	<i>Dr Thomas Campbell</i>
11:30 - 13:00	Clinical Scenarios in Ocular Emergencies: Case-based Workshop and Discussion	<i>Dr Liz Insull</i>
<b>13:00 - 14:00</b>	<b>Lunch</b>	
14:00 - 15:30	Wellbeing and Surgical Mindset <ul style="list-style-type: none"> <li>• The mind skills required of surgeons and maintaining personal wellbeing</li> <li>• Preparing a Health and Wellbeing Plan for training</li> </ul>	<i>Dr Jo Mitchell – The Mind Room</i>
15:30 - 16:00	Reflection and Final Address Evaluation	<i>Dr Andrew Thompson Censor-in-Chief</i>

\* RAP - Reconciliation Action Plan

\*\* MAP - Māori Action Plan

